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High Field MRI/Open Mid-field MRI
Positron Emission Tomography (PET)/CT
16-Slice Highspeed CT scanning
4-D Ultrasonography -Color Vascular Analysis
Mammography/Stereotactic Breast Biopsy
MR & CT Angiography
Radiography/Fluoroscopy
Needle Biopsies
3D Bone Mineral Analysis
Total Body/Heart Screening
Virtual Colonoscopy

LIVER BIOPSY

Appointment Date: _____ Time: _____

Pre-Biopsy Instructions

1. Arrive 10-15 minutes before your appointment time, provided that you have completed the necessary paperwork and signed the consent form. Please bring someone to drive you home.
2. Do **not** take any aspirin or medication containing aspirin for 48-hours or preferably one week before the biopsy.
3. Please inform us of any significant bleeding history or clotting problems you have observed. Our radiologist will review your blood tests (PT, PTT) to ensure normalcy. **This test must be performed within six (6) months of your biopsy. If you have had this test done within six months, please tell our staff where and when it was done. If not, you will need to have this test done before your biopsy.**
4. Assume a regular diet for between 2-4 hours prior to biopsy and then only a clear liquid diet for 2 hours prior to the biopsy.
5. For insulin dependent diabetics:
 - a. If eating usual diet for breakfast, take usual insulin dose.
 - b. If breakfast is only clear liquids: hold a.m. fast-acting insulin and take usual a.m. intermediate or long-acting insulin dose.

Care After Liver Biopsy

These instructions are recommended as the best safeguard against complications.

Please follow them closely.

1. Diet: As desired.
2. If you experience nausea, stop all food for 1 hour then start with clear liquids. Progress to full liquids, then a light bland diet, then a regular diet. Any carbonated drinks should be room temperature.
3. When the local anesthesia wears off, you may feel pain and soreness. Occasionally, you may experience referred pain in your neck and/or right shoulder. If you need medication for discomfort you may take acetaminophen products such as Tylenol or ibuprofen products such as Advil, Nuprin, Motrin, etc. Do **not** take aspirin for 24 to 48 hours.
4. After your biopsy, rest the remainder of the day. The next day you may return to work or other light activities if they do not involve lifting or straining. Avoid strenuous activities for 48 hours: tennis, running, aerobics, weight lifting, skiing, etc.
5. If you experience excessive bleeding or pain at the biopsy site, light headedness or rapid heart beat upon standing, shortness of breath, or fever above 100° contact your doctor or San Luis Diagnostic Center at (805) 542-9700.
6. Your doctor will receive the pathology results in approximately 7 days and he or she will discuss them with you.